

British Canoeing Courses in the Brecon Beacons 2021

provided by Steve Rayner Outdoor Pursuits

Details & bookings: steverayner.me.uk/courses | steve.rayner@brynbolgoed.co.uk | 07989 412415

All my courses will be run in accordance with Covid-19 regulations and guidance. While there remain restrictions on indoor gatherings, courses may include video-conference sessions to cover 'classroom' topics. These will usually be a few days before and/or after the main 'practical' (outdoor) sessions, arranged to suit participants on each course. The dates shown below are for the 'practical' sessions only.

Please feel free to contact me to enquire about additional dates for all courses!

Personal Performance Awards

Training and assessment for any of the following:

- Paddle Start, Discover & Explore Awards, for paddlers developing generic skills on sheltered water: contact me for details and to arrange dates.
- Canoe Award, for canoeists developing skills on open water and Grade 1 rivers: 25-25 Sep.
- White Water Award, for kayakers developing skills on Grade 2(3) rivers: Sat 18-Sun 19 Dec.

Foundation Safety & Rescue Training

Training for all paddlers, coaches and volunteers irrespective of craft or discipline: key skills to operate safely and deal with common emergencies in a Sheltered Water environment – cost £75.

- Contact me for dates.

Paddlesport Instructor Award

Combined training and assessment for instructors running paddlesport taster/starter sessions within the safety management systems of clubs, centres or other organisations in Very Sheltered Water environments – cost £180 max:

- Sat 12-Sun 13 Jun, Sat 28-Sun 29 Aug.

Coach Award Training

For those whose core function is to coach paddlers who want to gain/improve paddlesport skills within their chosen discipline; comprises 2-day Core Coach Training followed by 2-day Discipline-Specific Training – cost £180 (max.) per course:

- Core Coach Training: contact me for dates.
- Canoe and/or Kayak Coach (Sheltered Water) Training: Sat 29-Sun 30 May.
- Open Water Canoe Coach Training: Sat 31 Jul-Sun 1 Aug.
- White Water Canoe Coach Training Sat 20-Sun 21 Nov.
- White Water Kayak Coach Training Sat 30-Sun 31 Oct.

Coach Award Assessment

1-day assessment for Sheltered Water Canoe and/or Kayak; White Water Canoe or Kayak; and Open Water Canoe – contact me to arrange a convenient date.

Outdoor / Aquatic / Emergency First Aid

1-day (8-hour) course for those operating within a reasonable distance of medical assistance (including Sheltered Water and Climbing Walls) – accredited British Canoeing Aquatic First Aid Level 1 – cost £60.

2-day (16-hour) course for those operating in remote environments (including Moderate Water and mountain areas) – accredited British Canoeing Aquatic First Aid Level 2 – cost £120.

- Contact me for dates.

Steve Rayner OBE

White Water Kayak Performance Coach, Open Canoe Coach

British Canoeing Coach Education Tutor

FSRT Provider, Aquatic First Aid Level 2 Coach

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