

British Canoeing Courses in the Brecon Beacons, 2020

provided by Steve Rayner Outdoor Pursuits

Details & bookings: <http://steverayner.me.uk/courses> | steve.rayner@brynbolgoed.co.uk | 07989 412415

Please feel free to contact Steve to enquire about alternative dates

Outdoor / Aquatic / Emergency First Aid

1-day (8-hour) course for those operating within a reasonable distance of medical assistance (including Sheltered Water and Climbing Walls) – accredited British Canoeing Aquatic First Aid Level 1 – cost £60.

- Sat 29 Feb, Sat 30 May, Tue 15 Sep, Tue 10 Nov

2-day (16-hour) course for those operating in remote environments (including Moderate Water and mountain areas) – accredited British Canoeing Aquatic First Aid Level 2 – cost £120.

- Sat 30-Sun 31 May, Tue 15-Wed 16 Sep, Tue 10-Wed 11 Nov

Personal Performance Awards

Training and assessment for any of the following awards – contact me for details and to arrange dates:

- Paddle Start, Discover & Explore Awards, for paddlers developing generic skills on sheltered water
- White Water Kayak Award, for kayakers developing skills on Grade 2(3) rivers
- Canoe Award, for canoeists developing skills on open water and Grade 1 rivers
- Slalom Explore, Perform & Excel Awards, for slalom athletes developing their skills

Foundation Safety & Rescue Training

Training for all paddlers, coaches and volunteers irrespective of craft or discipline: key skills to operate safely and deal with common emergencies in a Sheltered Water environment – cost £75.

- Sun 29 Mar, Sun 30 Aug

Paddlesport Instructor Award

Combined training and assessment for instructors running paddlesport taster/starter sessions within the safety management systems of clubs, centres or other organisations in Very Sheltered Water environments – cost £150 max.

- Sat 18-Sun 19 Apr, Sat 19-Sun 20 Sep

Coach Award Training

For those whose core function is to coach paddlers who want to gain/improve paddlesport skills within their chosen discipline; comprises 2-day Core Coach Training followed by 2-day Discipline-Specific Training – cost £180 (max.) per course:

- Core Coach Training: Sat 20-Sun 21 Jun (to be confirmed), Tue 13-Wed 14 Oct (to be confirmed)
- Canoe & Kayak Coach (Sheltered Water) Training: Sat 21-Sun 22 Mar, Sat 22-Sun 23 Aug
- Canoe Coach (Sheltered Water) Training: Tue 28-Wed 29 Apr
- Kayak Coach (Sheltered Water) Training: Tue 12-Wed 13 May
- Open Water Canoe Coach Training: Tue 21-Wed 22 Jul, Tue 1-Wed 2 Dec
- White Water Canoe Coach Training Sat 31 Oct-Sun 1 Nov
- White Water Kayak Coach Training Sat 21-Sun 22 Nov

Coach Award Assessment

1-day assessment for Sheltered Water Canoe and/or Kayak; White Water Canoe or Kayak; Open Water Canoe; and Slalom Coach Award – contact me to arrange a suitable date.

Steve Rayner OBE

White Water Kayak Performance Coach, Open Canoe Coach

British Canoeing Coach Education Tutor

FSRT Provider, Aquatic First Aid Level 2 Coach

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